

Overdose Questionnaire

Client name: _____ Sex: M / Worker initials: _____

F

Daisy No.

Date:

1. In the last four weeks have you used heroin at the same time that you have been under the influence of:

- Another opiate e.g. methadone, DF118s
- Alcohol
- Diazepam (Valium), Temazepam or other benzos
- Other sedatives e.g. chlormethiazole (Heminevrin) / Zopiclone
- Crack/ cocaine/ amphetamine

2. In the last year have you used drugs and or alcohol to the point of losing consciousness?

Yes No

If yes, how many times? _____

3. Have you overdosed on drugs in the past ?

Yes No

If yes, how many times? _____

If yes, what were the circumstances?

Details:

Have you ever needed hospitalisation?

Yes No

4. Roughly how many times in the past year have you been with someone else when he or she has accidentally overdosed?

What did you do? _____

Details:

5. Would you know what to do if you witnessed someone overdose?

Yes No

If yes, where did you learn of this?

- I have seen this done before
- Taught by DVD/poster/leaflet
- Taught by professional

6. If someone overdosed while they were with you:

a) Would you be confident about putting them in the recovery position?

Yes No

b) Would you call an ambulance?

Yes No

c) Did you know that police are not routinely called to overdose situations?

Yes No

Video shown?

Yes

No

Interested in overdose prevention and response course?

Yes

No

[Overdose prevention quiz available](#)

Information

What are the risk factors that can lead to overdose?

- Injecting Heroin
- Mixing drugs
- Mixing drugs and alcohol
- Using opiates when tolerance is low – particularly after a detox or break in use, prison, hospitalisation, rehab.
- Feeling low in mood

What are the signs and symptoms of overdose?

- Turning blue
- Unwakeable
- Deep snoring
- Not breathing

What is the best thing to do if someone overdoses?

- Put them in the recovery position
 - Dial 999 and ask for an ambulance
 - Stay with them until the ambulance arrives
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